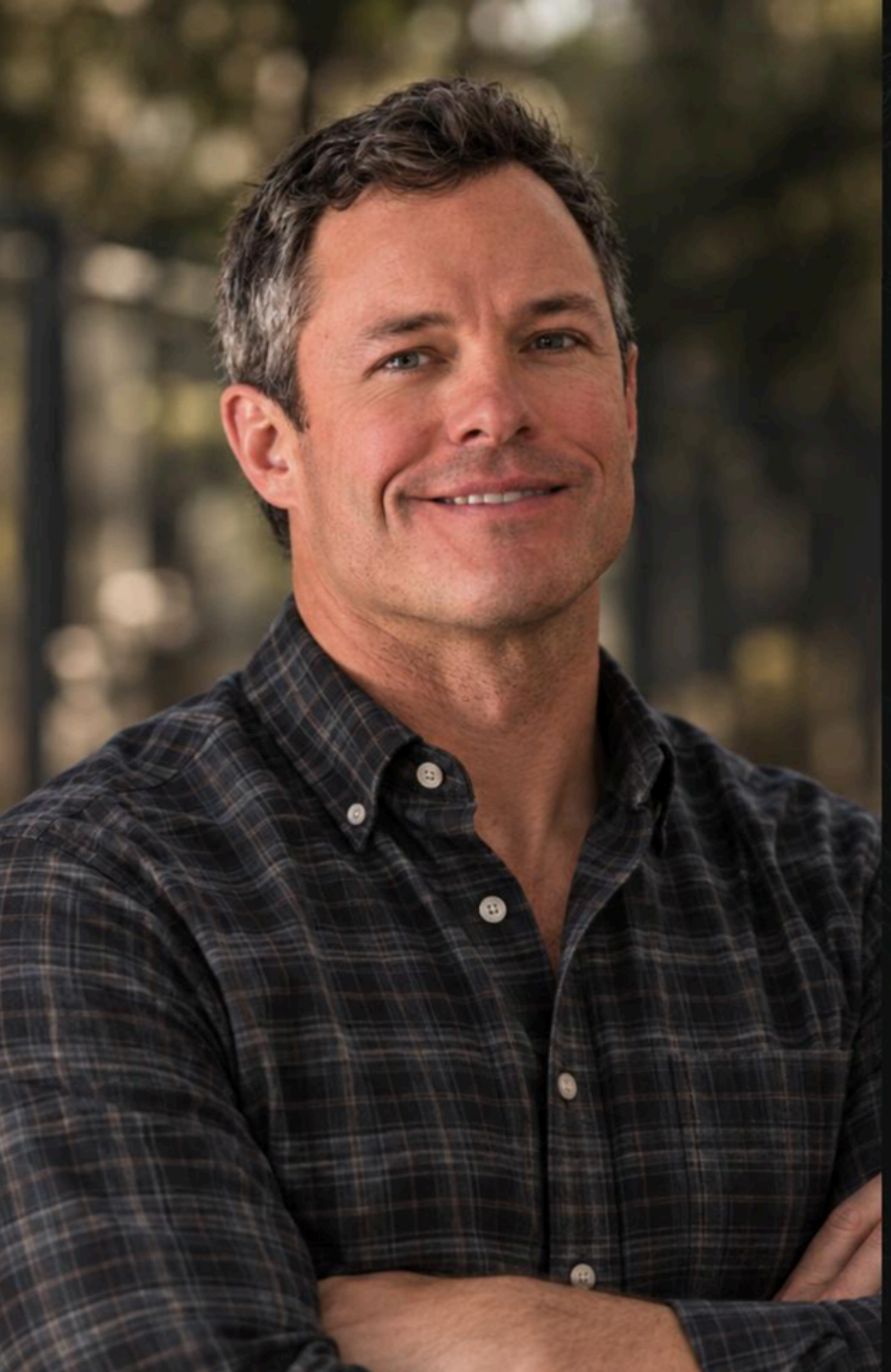


INSTRUCTOR | OPERATOR | SECURITY ADVISOR

# TAB STACY

Tab Stacy is a former U.S. Air Force Special Operations Combat Controller (CCT) with extensive operational experience supporting special operations missions worldwide. During his military career, he served as a Joint Terminal Attack Controller (JTAC), working alongside special operations and conventional forces in some of the most demanding environments.

A Renzo Gracie Headquarters Brazilian Jiu-Jitsu Black Belt, Tab has trained and taught combatives, self-defense, and weapons handling to military units, federal agencies, law enforcement, and civilian groups. He developed an MMA-based wall fighting system designed for real-world environments, now taught to federal, law enforcement, and military personnel. The system integrates striking, clinch work, grappling, and positional control for effective defense in confined and urban settings.

Tab also teaches self-defense and combatives to adults, kids, and women, with a focus on building confidence, situational awareness, and practical skills that work under pressure. His mission is to equip individuals and teams with the knowledge and tools to stay safe, be prepared, and thrive in any environment.

**U.S. AIR FORCE SPECIAL OPERATIONS**

COMBAT CONTROLLER (CCT)
JTAC

**BRAZILIAN JIU-JITSU**

RENZO GRACIE HQ
BLACK BELT

**TRAINING & INSTRUCTION**

MILITARY
FEDERAL AGENCIES
LAW ENFORCEMENT
CIVILIAN

**SELF-DEFENSE CLASSES**

ADULTS | KIDS | WOMEN

**WEAPONS HANDLING**

SAFETY | FUNDAMENTALS
REAL-WORLD APPLICATION

**REAL-WORLD FOCUS**

PRACTICAL SKILLS
CONFIDENCE
PREPAREDNESS